

PRE-COMMISSIONING PHYSICAL EXAMINATION PACKAGES

For NROTC, USNA midshipmen, and MECEP students, once the candidate has formally contracted with the program, the initial DODMERB and MEPS physical examinations will be valid for five years from the date the physical was performed. Students no longer require a complete medical/dental examination within 24 months of the anticipated date of commissioning. It is vital for the training units to monitor the physical status of the MIDN to ensure that the MIDN will remain physically qualified to be commissioned or have a waiver of the physical standards so that they may be commissioned.

PRE-COMM MEDICAL PACKAGE ELEMENTS TO BE SUBMITTED WITHIN 12 MONTHS OF COMMISSIONING

- A. CO's non-medical statement addressing current health status of MIDN and whether or not the MIDN is commissionable into the Unrestricted or Restricted Line.
- B. Annual Certificate of Physical Condition (CNET Form 6220/8)
- C. DD Form 2807-1, "Report of Medical History"
- D. Physical Fitness Assessment (PFA) results. If the student is unable to comply with the PFA requirements secondary to a medical condition that might render the MIDN physically disqualified for commissioning, the Commanding Officer should contact BUMED (M3F1) and CNET immediately.
- E. If disqualifying medical conditions have developed or previously waived conditions have worsened, the unit must submit all documentation regarding the medical condition and treatment, e.g., doctor's summary, etc. that document the current status of the MIDN and their ability to fulfill the duties of a MIDN and to be commissioned.
- F. DOT/USCG Periodic Drug Testing Form (USMMA Only) - Completed within 6 months of expected graduation date
- G. HIV test results IAW SECNAVINST 5300.30C
- H. For female MIDN, a PAP smear within 12 months of expected graduation date.
- I. Oral health/dental examination: MIDN must be dental class 1 (not requiring dental treatment or reevaluation within 12 months) or class 2 (have oral conditions that if not treated or followed up, have the potential but are not expected to result in dental emergencies within 12 months) to be commissioned.
- J. Specialty or extra physical examinations or consultations (if available): for example, aviation or radiation health, medical examinations and treatments provided at OCS/Bulldog at Quantico, VA.